

Grill'd HEALTHY BURGERS

ALL OUR BURGERS
LOW SUGAR

CHOOSE YOUR BUN...

Low Carb SuperBun + \$1.5
Make any burger low carb (LC) on a Low Carb SuperBun. It'll have less carbs than a single sushi roll!* (excluding Veggie range)
Gluten, Grain & Dairy Free. Contains nuts & eggs.

Panini or Traditional
Our artisan buns are delivered fresh daily.
Sugar Free & Preservative Free.

***Gluten Free Bun + \$1.5**
Refined Sugar Free & Preservative Free.
*Gfr menu items are Gluten-friendly on a *Gluten Free Bun.

BEEF

Grass fed, free range Australian beef, ground coarsely with our signature relish & herbs so it's moist & flavoursome. Free from preservatives, antibiotics & all added hormones.

Simply Grill'd / 2680kJ / \$11.5

w/ Salad, relish & herbed mayo LC *Gfr DF
add tasty cheese + \$1.5

Crispy Bacon & Cheese / 3090kJ / \$14.0

w/ Crispy bacon, tasty cheese, salad, relish & herbed mayo LC *Gfr
add avocado + \$1.5

Big Queenslander / 3450kJ / \$15.5

w/ Tasty cheese, crispy bacon, free range egg, a couple of slices of beetroot with salad, relish & herbed mayo LC *Gfr
add avocado + \$1.5

Nourish & Flourish / 2760kJ / \$15.5

w/ Avocado, Dijon mustard, pickle, shredded carrot, cos lettuce, tomato & egg mayo on a Low Carb SuperBun LC *Gfr DF

Summer Sunset / 3120kJ / \$14.5

w/ Avocado, crispy bacon, charred pineapple, salad, relish & herbed mayo LC *Gfr DF

Mustard & Pickled! / 2400kJ / \$13.5

w/ Dijon mustard, pickle, tasty cheese, salad & relish LC *Gfr
add crispy bacon + \$2.0

Chilli Addict / 2750kJ / \$15.5

w/ Jalapeños, roasted peppers, sour cream, tasty cheese, cos lettuce, Spanish onion & chilli relish LC *Gfr

LAMB

Grass fed, free range Australian lamb, ground coarsely with our signature relish & herbs so it's moist & flavoursome. Free from preservatives, antibiotics & all added hormones.

NEW Nick The Greek / 2650kJ / \$15.5

w/ Red pepper pesto, beetroot, salad & feta LC

'Baa Baa' Burger / 3010kJ / \$15.5

w/ Avocado, tasty cheese, salad, relish & herbed mayo LC *Gfr

SALADS

NEW Spicy Salsa Salad / 1120kJ / \$13.5

Shredded cabbage & cos lettuce with avocado, cherry tomatoes, Spanish onion, topped with a spicy lime & herb salsa, feta, lime, coriander & mint LC *Gfr
add chicken breast + \$3.0

Superpower Salad / 2170kJ / \$15.0

Grilled chicken breast, avocado, beetroot, roasted nut mix, cherry tomatoes, cos lettuce, Spanish onion, carrot, fresh basil & extra virgin olive oil dressing LC *Gfr DF

Chicken Caesar Salad / 2550kJ / \$14.5

Grilled chicken breast, crispy bacon, free range egg, shaved parmesan, cos lettuce, Caesar dressing & croutons LC

SUPER SLIDERS

3 for \$17.0 / 2 for \$14.0

1. Classic / 1300kJ

Beef with cheese, mustard, pickle, tomato sauce & egg mayo

2. Vintage / 1300kJ

Beef with aged cheddar, Spanish onion, relish & herbed mayo

3. Brie Chick / 1080kJ

Chicken with brie cheese, cranberry sauce, tomato & herbed mayo

4. Zen Chick / 950kJ

Chicken with satay sauce, coriander, shredded carrot & herbed mayo DF

CHICKEN

Chicken breasts from RSPCA Approved chickens. Sourced from Australian family owned primary producers.



Sweet Chilli Chicken / 2300kJ / \$13.0

w/ Beetroot, shredded carrot, salad, relish & sweet chilli mayo LC *Gfr DF

Zen Hen / 2290kJ / \$13.5

w/ Satay sauce, coriander, shredded carrot, salad & herbed mayo LC *Gfr DF

'Simon Says' / 2540kJ / \$14.5

w/ Avocado, crispy bacon, salad, relish & herbed mayo LC *Gfr DF
add aged cheddar + \$2.5

HotBird / 2260kJ / \$15.5

w/ Jalapeños, roasted peppers, sour cream, tasty cheese, cos lettuce, Spanish onion & chilli relish LC *Gfr

Bird & Brie / 2540kJ / \$14.5

w/ Brie cheese, cranberry sauce, salad & herbed mayo LC *Gfr

Caesar's Palace / 2860kJ / \$14.5

w/ Crispy bacon, free range egg, shaved parmesan, cos lettuce & Caesar dressing LC *Gfr

Personalise your burger

Add any protein or produce that takes your fancy. Some suggestions are:

Extra beef pattie, vegan "beef" pattie / \$5.0

Aged cheddar, brie cheese, vegan cheese / \$2.5

Crispy bacon, free range egg, jalapeños / \$2.0

Charred pineapple, avocado, tasty cheese, vegan mayo / \$1.5

Beetroot, pickle / \$1.0

SPECIALTY

All our Specialty meat is Australian & free from preservatives, antibiotics & all added hormones.

NEW BEEF BRISKET

Grass fed, free range Australian beef, slow cooked to perfection in Stone & Wood Ale.



BBQ Brisket / 3560kJ / \$16.9

Premium beef brisket pattie with a punchy horseradish mayo slaw, aged cheddar, pickle & native Davidson plum barbeque sauce

Risky Brisket / 3110kJ / \$16.9

Premium beef brisket pattie with a spicy lime & herb salsa, salad, Dijon mustard & egg mayo DF

WAGYU

100% wagyu that's tender & full of flavour.

Wagyu Wunder / 3060kJ / \$16.9

Premium wagyu pattie with Dijon mustard, pickle, aged cheddar, Spanish onion, tomato sauce & egg mayo LC *Gfr
add crispy bacon + \$2.0

Sir Truffle / 3160kJ / \$16.9

Premium wagyu pattie with truffle mayo, aged cheddar, cos lettuce & fresh basil LC *Gfr

Bonfire BBQ / 3690kJ / \$16.9

Premium wagyu pattie with native Davidson plum barbeque sauce, crispy bacon, Dijon mustard, pickle, aged cheddar, Spanish onion & egg mayo LC *Gfr

VEGGIE

Plant Based, Vegan & Preservative Free patties.

Garden Goodness / 2740kJ / \$13.5

Premium quality veggie pattie with beetroot, tasty cheese, avocado, salad, relish & herbed mayo *Gfr

NEW Mushroom Parma / 2250kJ / \$14.5

Crunchy crumbed mushroom pattie with feta, red pepper pesto and fresh basil

Vegan Cheeseburger 2.0 / 2820kJ / \$14.5

Premium quality vegan "beef" pattie with Dijon mustard, pickle, vegan cheese, Spanish onion, tomato sauce & vegan mayo DF VEGAN

BEYOND BURGERS

The Beyond Burger is a plant based burger free from soy, gluten & GMO's.

Beyond Simply Grill'd / 2980kJ / \$14.5 @

w/ Salad, relish & herbed mayo LC DF
add tasty cheese + \$1.5

Beyond Garden Goodness / 3670kJ / \$16.5 @

w/ Beetroot, tasty cheese, avocado, salad, relish & herbed mayo LC *Gfr

Beyond Chipotle / 3620kJ / \$16.5

w/ Jalapeños, chipotle mayo & salad LC DF

Beyond Crispy Bacon & Cheese / 3550kJ / \$17.0

w/ Crispy bacon, tasty cheese, salad, relish & herbed mayo LC *Gfr

Make any burger Beyond and swap your pattie + \$3.0

@ Make it vegan upon request.



HOT CHIPS

All our chips are Vegan, Dairy Free & Gluten Free.

Famous Grill'd Chips

Thick-cut & sprinkled with our signature herb mix.

Regular / 2580kJ / \$5.5 Snack / 1590kJ / \$4.5

Sweet Potato Chips

Lightly seasoned with sea salt.

To Share / 2390kJ / \$8.9 For One / 930kJ / \$4.9

Zucchini Chips

Lightly seasoned with sea salt.

To Share / 2670kJ / \$8.9 For One / 1420kJ / \$4.9

Chip Dips / \$1.0

Herbed Mayo / 910kJ, Sweet Chilli Mayo / 890kJ, Chipotle Mayo / 890kJ, Tomato Relish / 150kJ DF

Chips Share Plate / 3960kJ / \$14.0

Famous Grill'd Chips + Sweet Potato Chips + Zucchini Chips. Served with a trio of chip dips; Herbed Mayo, Sweet Chilli Mayo & Chipotle Mayo

FOR LIL' KIDS

Suggested for kids 7 & under.

Beef Mini Me Pack / 1830kJ / \$8.5

Mini beef burger with cheese & tomato sauce, mini chips & water or juice

Chicken Mini Me Pack / 1660kJ / \$8.5

Mini chicken burger with cheese & tomato sauce, mini chips & water or juice

FOR BIG KIDS

Suggested for kids 8 to 11.

Beef Dynamic Duo / 4550kJ / \$12.5

Beef burger with cheese, carrot, cos lettuce, mayo & tomato sauce & **Snack Chips**

Chicken Dynamic Duo / 4190kJ / \$12.5

Chicken burger with cheese, carrot, cos lettuce, mayo & tomato sauce & **Snack Chips**

The average adult daily energy intake is 8700kJ

Relish
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